

*1st Annual*

# Breast Health Symposium

**Saturday, May 20th, 8:30 - 1:55pm**

**Sarasota Memorial Hospital Auditorium  
1st Floor, 1700 S. Tamiami Trail, Sarasota, FL 34239**

**We invite you to attend the Inaugural Breast Health Symposium, offering an informative update for nurses and staff on the latest advances in breast health related topics. Open to the public. Free lunch.**

Presented by Circuelle Foundation, Sarasota Memorial Health Care System and the Sarasota Memorial Healthcare Foundation.

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| 8:30 - 9:00   | Registration   |
| 9:00 - 9:10   | Opening Remarks: Melissa Kirkpatrick, Co-Chair, Circuelle Foundation, Alissa M. Shulman, MD, FACS, Co-Chair, Sovereign Plastic Surgery   |
| 9:10 - 10:10  | “Opportunities for prevention - The role of diet & physical activity”<br>Tracy Crane PhD, University of Arizona  |
| 10:10 - 11:10 | “Incorporating measure of sleep quality into cancer”<br>Nancy Redeker PhD, Yale University   |
| 11:10 - 12:30 | Breast Cancer Stations: 7 Stages of Breast Cancer; Meet the Experts<br>LUNCH (complimentary)   |
| 12:30 - 1:30  | “Mindfulness Based Stress Reduction for Breast Cancer Survivors”<br>Cecil Lengacher PhD, University of South Florida   |
| 1:30 - 1:45   | Closing Remarks - Kelly Batista, Director Cancer, Institute Sarasota Memorial Health Care System and Sally Schule, Director of Community Engagement, Sarasota Memorial Healthcare Foundation |
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Due to limited seating, **RSVP** is required by **May 18, 2017**.  
Email [info@circuellefoundation.org](mailto:info@circuellefoundation.org) or call **855.523.7465**



**3.0 CE will be awarded. No partial credit will be given. Registration necessary.**

Sarasota Memorial designates this live activity for a maximum of three (3.0) contact hours. Sarasota Memorial Health Care System is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center & Commission on Accreditation. Sarasota Memorial is an approved provider of Continuing Education for the Florida Board of Nursing and the Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling under provider NO. 50-1749.